



Tailored Day Service

Hope's Tailored Day Service is a unique opportunity for individuals who are regional center clients to pursue post-secondary education, develop or maintain employment or volunteer opportunities, or to simply increase their ability to lead integrated and inclusive lives in their community. The service design will include fewer days and hours than a traditional day program, but allows for greater flexibility and intense focus on a person's life goals. This model allows an individual to direct their own services. The number of hours in the tailored day service is determined through the IPP process and is based on the individual's choices and needs. Typically, between five and eight hours a week are provided. Services may be offered seven days a week with the exception of 14 days a year when services are not authorized by the Department of Development Services.

There are four main tracks in Hope's Tailored Day Service.

The consumer chooses how many hours they would like to devote to each track, based on an initial interest inventory and the consumer's IPP goals. The service is 100% consumer driven and person-centered. A major focus in all tracks will be to utilize technology to increase access to community resources.

- **The first track is POST-SECONDARY EDUCATION.** This may include choosing and enrolling in community college or adult education classes, completing the enrollment process, accessing Disabled Student Services, attending classes, acclimating to the campus, completing course work, and other related activities.



- **The second track is CAREER DEVELOPMENT.**

This may include job exploration, job shadowing, employment assessments, volunteer positions, internships, and related activities. Opportunities for mock interviews, resume writing, and actual workplace tours may also be chosen.

- **The third track is MOBILITY TRAINING AND TRANSPORTATION EDUCATION.**

This may include learning bus, train or light rail routes, or using local transportation providers such as BART. Individuals may undertake training in how to travel to work sites, college campus sites, or community activities.

- **The fourth track is PERSONAL DEVELOPMENT AND SOCIALIZATION.**

This may include personal safety training, self-advocacy and assertiveness training, interpersonal relationship development and boundaries, utilizing leisure and recreational activities, weight management and physical exercise programs, conflict resolution and communication skills development, as well as other areas of identified interest. Pursuing social opportunities and community connections will also be a main focus.



Eligibility:

Candidates for this service are individuals who have a focused area of interest, have demonstrated the ability to be independent in their community, and have the skills and maturity to follow through on plans developed with Hope staff.

Contact:

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SANTA CRUZ: Sally French, District Director Santa Cruz, 831-600-1502 or sfrench@hopeservices.org

HOPE SERVICES' MISSION: Hope Services' mission is to improve the quality of life for individuals with developmental disabilities, as measured by eight indicators: personal development, self-determination, interpersonal relations, social inclusion, rights, emotional well-being, physical well-being, and material well-being.

DONATE TO HOPE: Hope is only partially funded by the state and relies on donations to fund its services for individuals with developmental disabilities.

If you'd like to donate to Hope and help fill the funding gap, visit www.HopeServices.org or call 408-284-2862.

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HopeServices.org



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Amazing is all in a day's work.