



After School Program



Hope Services **CENTRAL DISTRICT**

Newsletter—Summer/Fall 2015

Las Colinas Day Program, Homestart, Community Access Network (CAN), Community Employment, Work Activity Program, Silicon Valley Diversified Network (SVDN), After School Program & Senior Program

Director's Message—Lori Arnberg

Dear Hope Services Family Members and Caregivers—

We are excited about our first Central District newsletter! The newsletter gives us an opportunity to share some of the amazing things we are doing at Hope Services in the Central District. A large part of what we do at Hope Services is giving back to our community. Our SVDN participants, including **Israelai**, volunteer at John XXIII Senior Nutrition Program in downtown San Jose and many other non-profits in the area. Collectively, participants in SVDN and other programs volunteer more than 350 hours each week.

We also stay connected to the community through work opportunities. We are now maintaining the new Rotary Play Garden, a wonderful space created by the San Jose Rotary for individuals of all abilities. Our clean up teams from Las Colinas Day Program and Community Access Network (CAN) keep the park sparkling. **Cuong** is part of the clean-up team and he always looks forward to working at the garden. He is very helpful to everyone there and works really well independently.

Through community employment, **Genie**, celebrated her 24th anniversary this year with FedEx. She enjoys helping people with scans, printing photos, and working on the computers. She keeps up with sophisticated online training and provides great customer service.

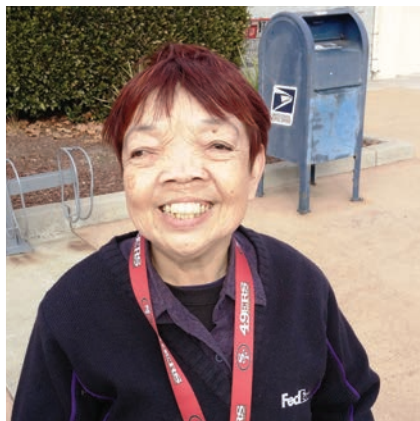
We work hard but have fun too! In July, our After School Program summer session had a blast at Almaden Lake Park playing volleyball and football. It was a warm and beautiful day of friendship and laughter in the sun. Thanks to a grant from the City of San Jose that supports senior health and wellness, our seniors have been having fun too! The grant enabled us to provide a full year of special outings including visits to a riding stable in Morgan Hill which was enjoyed by **Leroy** and other senior program participants.

We've had a remarkable year so far and we look forward to more to come.

Wishing you the best,



Genie (Community Employment)—working at FedEx



Cuong (CAN)—working at Rotary Play Garden

Leroy (Senior Program)—visits riding stable in Morgan Hill



Israelai (SVDN)—volunteering at John XXIII Senior Nutrition Program

Whittier Talent Show



Pictures (from left to right): Michael preparing to start the show, "Minions" dancing, Marcos singing

The **3rd Annual Whittier Talent Show** was held on July 24th from 6-8 PM and this year's theme was "Love Boat." More than 175 people came out to watch the 25 amazingly talented performers who sang, recited and danced. **Michael** had a blast kicking things off singing the theme song, and the "Minions" made us all want to join them in dancing to the song "Happy."

Thanks to all who came out to support the fun filled evening and made it so successful! Thank you also to the Kiwanis Aktion Club for providing the food for the event. And a special thank you to our De Anza College Instructor, **Monica Sheirich**, for creating this opportunity for our program participants to increase their self-confidence and celebrate their talents. If

you are interested in purchasing a DVD of the show for \$20, please contact Stacey Boydell at 408-284-2887 or sboydell@hopeservices.org.

Financial Update

The Developmental Disabilities Program System is in crisis. Despite the existence of the Lanterman Act, the Governor and State Legislators have once again chosen to provide no additional support in the budget this year. This battle has been fought vigorously—flashlight vigils, letter campaigns, advocate presentations, letters to the Governor's Office as well as State Legislators—but to no avail. For close to 10 years there has been no additional funding provided (no cost of living increases) and in fact many programs have had funding cuts. Over 430 agencies serving the needs of people with developmental disabilities in California have been forced to close their doors, leaving hundreds of people without services, increasing the burden on an already burdened system.

Hope's current fundraising efforts have done little to solve this problem as most of the money raised goes towards facility maintenance, program transition mandates required by federal government, and minimum wage rate increase mandates.

The following are the current financials for the Central District, which currently serves 634 clients:

- Total Revenue—\$5.7 million
- Total Expenses—\$6.5 million
- Net loss—\$852,000
- Total Donations combined last year from all 634 families in the Central District—\$10,386
- **Loss per Client per year—\$1,328**

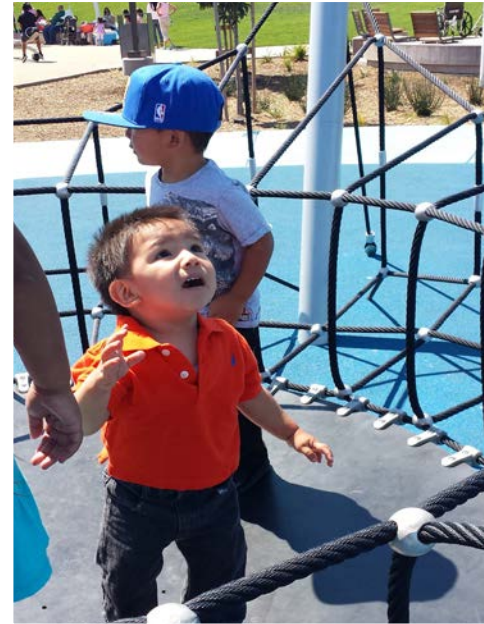
If we paid market wage, our per client loss would grow to \$2,205.

We are calling on all families to help ensure a viable, safe program for your loved ones. **We need your help, so please make a donation today to help offset the per client loss.** All donations will be applied directly to your specific program. Please note on your check or credit card donation which program you are supporting. **You can make a difference!**

For up-to-date legislative news about the funding crisis, please visit: www.hopeservices.org/news-and-resources/legislative-news/.

Homestart Picnic

Summer Fun! Homestart had a picnic on August 22nd from 10-noon at the Rotary Play Garden. 29 family members along with Homestart staff and contractors had an amazing time at the park. Families were able to meet one another as well as meet various team members from our program. It was really nice to see families connect with one another, tap into each other as resources as well as watch their children play alongside their peers at a playground that was built to meet the needs of all children. Everyone enjoyed light refreshments while exploring the Rotary Play Garden. Lots of fun was had by all!



Pictures:

Top left: Leslie & Mom,

Top right: Gerardo,

Bottom left: Nathan & Mom,

Bottom Right: Michael & Parents

Work Activity Transition Update



This is an exciting time for the participants in Hope's Work Activity Programs. New federal legislation mandates the closure of secluded workshop-based programs over the next five years, like those that Hope has traditionally operated. Hope is taking a leadership role in moving well in advance of the deadlines to design new work programs that will emphasize community involvement and improving the quality of life of our clients. Over the next two years, Hope's Work Activity Programs—which operate in San Jose, Mountain View, Santa Clara, Hollister, Gilroy, Salinas, and Monterey—will experience major changes. Hope's goal

is for each client to have a program that is tailored to his or her needs, which will include paid work, but also new opportunities for learning, and access to different community-based activities.

For more information on this transition, including questions and answers, please go to: www.hopeservices.org/our-services/work-activity-transition/.

Upcoming Events

- **8th Annual Disability Awareness Day**
October 8th from 10:00 am to 1:00 pm
San Jose City Hall Plaza, for more information
email DAD@sjdistrict1.com
or call: (408) 535-4901
- **Sunset Boulevard: A Night in Old Hollywood Gala—Benefiting Hope Services**
October 17th From 6 PM to midnight
San Jose Capital Club, for more information
visit www.HopeServices.org/gala
- **Super Family Sunday**
October 25th from 10:00 am to noon
Palo Alto Junior Museum and Zoo,
for more information or to RSVP
call (650) 329-2111 or email
Trudi.Wallick-Horrocks@CityofPaloAlto.org
- **Grace Community Dance “Thanksgiving Party” with DJ Ray**—Dance is for people of all abilities. November 24th from 5 to 8 PM, only \$3 to get in!
484 E San Fernando St, San Jose, CA 95112
in the Gymnasium, for more information
call (408) 293-0422

Looking for other community events?
Visit www.hopeservices.org/events/



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Family Alliance

Hope Family Alliance—Linking clients, families, caregivers and Hope to create a network of support, resources and advocacy.

Family Alliance Information Center—Find information about Hope’s client grievance procedure and more. For more information about the Hope Family Alliance and the Family Alliance Information Center, visit: www.hopeservices.org/news-and-resources/hope-family-alliance/.

SVDN Parent Meeting
on **September 24th from 5:45 – 7 PM**
at Sobrato Center for Nonprofits,
1400 Parkmoor Avenue, San Jose, CA 95126.
Meeting is for parents of SVDN program participants.

Central District Meeting
on **October 29th from 5:30 -7 PM**
at Whittier, 1555 Parkmoor Avenue,
San Jose, CA 95128. Meeting is for all Central District program participants and their families or caregivers. Meeting to include update from CEO, Ray Smith, and presentation on Special Needs Trusts from guest speaker, Cassandra Francois, Esq. from the Law Office of Cassandra P. Francois (cpfrancoislaw.com)

Hope Services – Central District (Las Colinas and Whittier)
Lori Arnberg, Director
1555 Parkmoor Avenue, San Jose, CA 95128



HopeServices.org

