Welcome Family / Caregivers!

Agenda:

- State Budget update: Ray Smith
- Introduction: Family Alliance Coordinator, Stacey Boydell
- Supported Living Overview: Linda Sino
- Supported Living Client: Greg Thornburn



State Budget Update

State Funds use to represent close to 100% of the funding, now are about 66%



A System In Crisis

- State froze provider rates over 10 years ago
- In the past 3 ½ years, 425 community care facilities have shut down
- Staffing levels have been cut dangerously thin
- Staff pay has been frozen and purchase power has not kept up with inflation: -20% loss
 - Many now work two jobs or have quit
 - Many have been forced out of their homes



The Lanterman Coalition supports across-the-board increases

- 20% rate increase would allow the system to get back to prior 10 year level
- Governors May revised budget provided no rate increase for People with Disabilities
- After an organized calling campaign by advocates through out state:
 - Assembly and Senate budget subcommittees both approved a 10% increase over two years
 - Budget conference committee has proposed a 5% increase over two years, governor to decide by 6/15



The Lanterman Coalition having an impact

- <u>Assembly Member Melissa Melendez:</u> It is certainly a community that deserves our attention. I think their funding levels have been abysmally low,
- <u>Assembly Member Richard Bloom:</u> Over the last few days I'm sure all of us all of us have received the volume of phone calls, but we are really aiming at the same goal and that's to try and repair something that has been broken for some time."
- <u>Senator Mark Leno:</u> This issue of underfunding our infrastructure, of our community services for those individuals and families who deal with developmental disability is not a partisan issue, and we know it's our responsibility to help both individuals and families.
- <u>Senator Ricardo Lara:</u> There's no doubt in my mind that we have clearly devastated the funding for these regional centers and really impacted the lives of thousands.
- <u>Assembly Member Shirley Weber:</u> They have some serious issues about keeping good staff that's adequately paid... Because many of their staff are making almost min wage and yet have college degrees....
- <u>Senator Leno:</u> Let's remember that our community partners are literally doing the Lord's work and we have to be there for them.



Message to Legislators

- We deeply appreciate your statement about the need to fund community services
- We thank the Senate and Assembly for taking action to address the crumbling community services.
- We support the Assembly Version for the 10% rate increase over 2 years and urge that the start date for the first 5% increase be July 1, Many providers may not survive to January.
- We ask for additional trailer language that states the second 5% increase will be budgeted in the next fiscal year.
- We thank the Budget Subcommittees for their efforts to address our concerns, but our position continues to be that we need a 10% across the board increase to stabilize the community.



Hope Services Response

- We need budget relief to retain our staff
- We will expand our business operations to help offset some of the state funding shortfall
 - Plan to expand our thrift store operations
- We have expanded our Development team and have added fund raising efforts
 - Grant writers
 - Events:
 - Celebrity Bartenders night Jan. 26
 - Cars and Cowboys August 1st
 - Hollywood nights Gala October 17th



Family Alliance Coordinator

Stacy Boydell



Family Engagement

- Family members should have the same expectations for their lives in the community as all others
- Hope wants to reconnect and re-engage families through our Hope Family Alliance (HFA)
- Stacey Boydell, Hope's new Family Coordinator has been tasked to establish the HFA



Hope Family Alliance

- The Hope Family Alliance (HFA) brings together the many concepts of family.
- The Hope Family Alliance's mission is to provide the vehicle to:
 - Support
 - Social opportunities
 - Resources
 - Speakers
 - Advocacy
 - Legislative News



Thanks for getting involved



Director of Supported Living Services

Linda Sino



Community Living Services

INDEPENDENT LIVING SERVICES

- Training
- Intermittent schedule
- Individualized- based on a person centered plan
- At home or in the community

SUPPORTED LIVING SERVICES......



Supported Living is:

- An approach to housing and support for people with developmental disabilities based on Five Principles:
 - A Home of One's own
 - Choice and Self Direction
 - Relationships
 - Community Membership
 - Flexible, Tailored Services and Supports

<u>and</u>

We believe that every person has a right to lead his/her own life, to determine where, how, and with whom to live, work and recreate.

Supported Living

Eligibility:

- Developmental Disability diagnosis
- Regional Center funding
- Request service and place on IPP

We provide:

- Adaptive skills training
- Assistance with selecting and moving into a home
- Choosing companions and housemates
- Acquiring household furnishings
- Common daily living activities and emergencies
- Becoming a participating member in community life
- Managing personal financial affairs, as well as other supports detailed in a person-centered plan.

Supported Living is not......

Supported Living Ø Another stop Ø A curriculum on the service or list of skills Ø A fixed amount of is NOT... Ø An incentive or continuum to master to assistance forever reward for good remediate behavior deficiencies Ø A "program" to fix Ø A test to see if you Ø Expecting that the or change people can live with no Ø A kind of "slot" or problems & if not. amount of assistance "bed" with preyou get sent back to necessary will always requisite entry & Ø Isolation & group living decrease exit criteria loneliness Ø Segregation Ø Just getting Ø Being grouped by disability or on the basis of an apartment income Supported Living IS ... to live in disability · A safe & decent home of your own Ø Forcing people to live Ø Being assigned the way we think is Choice good for them roommate(s). Personalized assistance Ø Having permission to Ø A way to avoid live in an agency · Support from others who care controlled apartment responsibility for careful decisions about threats to about & respect you people's vulnerabilities Ø Signing a lease on a place that staff control Ø An excuse for Ø (Benign) abandonletting bad things ment to whatever Ø Compatible with Ø A set of uniform happen to people consequences services that conrequirements & follow problems gregate & control procedures people Ø Another name for Ø Justified because it is Ø Targeted at a "downsizing" existing particular always or necessarily Ø A funding stream for facilities into smaller units cheaper than group living (dis)ability group use to do more of the or otherwise renaming same kinds of services existing services

What's Great About SLS?

- Services are individualized
- You, your son or daughter choose staff
- 24 hour services and crisis intervention
- Focus on health, safety, and quality of life
- Increase independence and/ provide support



Challenges

- Timely process
- Individual responsible for own living expenses--rent, utilities, food, etc.
- High cost rent in Silicon Valley



RESOURCES

- Allen, Shea, and Associates
- Circl
- Learning Community For Person-Centered Practices
- CLSN (CA Supported Living Network)
- Helen Sanderson and Associates



Greg Thornburn Supported Living Client

